



**Camp Ramah in the Berkshires is partnering with Diligent Urgent Care (DUC) to provide COVID screenings, and testing for our campers and staff for the summer of 2021.**

DUC is located in Union City, NJ with COVID testing locations in West Orange, NJ and North Bergen, NJ. It's physician-owners, Drs. Alvaro Alban and Dominic Ruocco have a combined 50 years of healthcare and leadership experience in varied environments including student health, emergency medicine, urgent care medicine, and medical education. Both doctors are Board-certified emergency physicians and Chairman of Emergency Medicine at their respective hospitals. Dr. Alban is at East Orange General Hospital in East Orange, NJ and Dr. Ruocco is at Hackensack Meridian Health Palisades Medical Center.

For summer of 2021, all campers and staff are required to go through their telemedicine platform to get a health evaluation, which may result in you receiving a prescription to get a at home PCR COVID test (nasal swab) and a PCR COVID test (nasal swab) to be done upon arrival at camp. All campers and staff must be evaluated by a telemedicine clinician before the first day of camp.

With your permission, Camp Ramah in the Berkshires will provide DUC your camper/staff name, date of birth, address, phone number, email address and insurance information. This will allow DUC to manage our camp in an organized fashion.

All families must sign a waiver allowing Diligent Urgent Care to share your COVID test results with Camp Ramah in the Berkshires. This is a necessary component for the safety of all campers and staff during the COVID-19 global pandemic.

Below is a list of some frequently asked questions:

**What is telemedicine?**

In this age of COVID, telemedicine has become the new norm. At your appointment, you can expect to be evaluated by a medical clinician remotely through telecommunications technology using a video conferencing platform. You will be discussing your medical history as well as your COVID history, which will be used to determine whether you need to be tested. This telemedicine appointment takes less than 10 minutes.

In the coming months, you will receive an email with a link to schedule your telemedicine appointment. You also may receive a reminder text to schedule your appointment.

**Why do I need to give my insurance information?**

While there is no cost to you for the telemedicine visit, you will need to include your insurance information so that they can be billed by DUC for your visit. As long as the Family First Coronavirus Response Act and the Cares Act is in effect, telemedicine visits that result in an order for COVID diagnostic testing are covered without cost-sharing (co-payment) at this time.

**There is no out of pocket cost to you.**

**What if I don't have insurance?**

If you do not have medical insurance, your telemedicine visit is covered at **no cost to you** at this time. As long as the Family First Coronavirus Response Act and the Cares Act is in effect, telemedicine visits that result in an order for COVID diagnostic testing are fully covered.

**What will the telemedicine appointment cost?**

Only your insurance company will be billed for the visit. \$0 will be charged to you.

**What will the COVID test cost?**

As per section 6001, the Family First Coronavirus Response Act and the Cares Act requires comprehensive private health insurance plans to cover testing needed to detect or diagnose COVID, and the administration of that testing, without cost-sharing (co-payment). For any uninsured patients, the First Coronavirus Response Act and the Cares Act will provide COVID testing at no cost.

**What happens during the telemedicine visit?**

Your telemedicine visit will last less than 10 minutes. Similar to a routine physical, you will be asked about your medical history, COVID history, and other pertinent information. This is how the clinician will determine if a COVID test is required.

**Is my medical information kept confidential?**

Diligent Urgent Care is HIPAA compliant, and the privacy of your health information is protected and secure.

**Where can I get tested for COVID?**

After your telemedicine appointment, you will be sent (overnight Fedex or UPS) an at-home PCR test kit. As we get closer to the start of camp, you will be given further instructions as to when you need to swab your child and overnight the kit back to the lab (prepaid overnight Fedex or UPS).

**I already had COVID. Do I still need to get tested?**

Schedule your telemedicine appointment and discuss it with the medical clinician. Please have the results of your positive antibody test available at your telemedicine appointment.

**I already had a COVID antibody test that was positive. Do I still need to get tested?**

Schedule your telemedicine appointment and discuss it with the medical clinician. Please have the results of your positive antibody test available at your telemedicine appointment.

**I already had a COVID antibody test that was negative. Do I still need to get tested?**

Schedule your telemedicine appointment and discuss it with the medical clinician. Please have the results of your positive antibody test available at your telemedicine appointment.

**I am fully vaccinated, do I still need to get tested?**

Schedule your telemedicine appointment and discuss it with the medical clinician.

**What if I become symptomatic after my visit?**

If you develop any COVID symptoms after you already had your telemedicine visit, please schedule another telemedicine appointment, and you will be prescribed a PCR test (nasal swab) to confirm your diagnosis.

**What are the symptoms of COVID?**

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea