



## Outdoor Adventure Family Camp Frequently Asked Questions

### **When does the retreat officially begin and end?**

The retreat officially begins on Tuesday, August 27<sup>th</sup> at 11:00 a.m.

The program concludes on Thursday, August 29<sup>th</sup>. Rooms need to be vacated by 1:45 p.m. and the closing *tekes* (ceremony) will take place at 5:00 am.

### **Will the retreat still take place if it rains?**

The retreat is scheduled for rain or shine. Camp will have a full schedule of engaging and exciting activities developed for each day in case of inclement weather.

### **Is it okay to bring nuts into our private accommodations?**

To protect the safety of all the guests and campers, Camp Ramah in the Berkshires is a "nut-aware" facility. Please check any snacks that you plan on bringing with you to make sure there are no nuts in the ingredients.

### **Is food allowed in the living quarters?**

There will be delicious meals served in the *chadar* (dining room) and snacks available at different times during the day. If you feel the need to bring food into your cabins, please make sure it is kosher. It is also important to keep food in sealed containers to prevent unwelcomed "visitors".

**Is everything inclusive?**

There is a plethora of activities planned for the retreat (please look at the tentative schedule) and new ones will be added in the coming weeks. With the exception of massage (if provided), there will be no charge for in-camp programs. However, out of camp activities like horseback riding or river fly-fishing (if provided) will have an additional charge. More information will be presented as soon as it becomes available.

**Is there medical personnel on the grounds?**

The CRB Health Center (Marp) will not be operational during the retreat. However, there will be CPR/First Aid certified staff present at all times that can handle emergencies.

**If I have a workshop that I would like to lead or a skill that I would like to teach, who should I contact?**

If you are interested in teaching something and/or volunteering your time, please contact Seth Adelsberg at [sadelsberg@ramahberkshires.org](mailto:sadelsberg@ramahberkshires.org).

**Is it possible to come to the retreat for just one day?**

It would be wonderful to have as many people as possible. However, in order to create a special intimacy, the retreat is only offered to those attending multiple days.

**One child is a camper and another one is not. Is this retreat open for our entire family?**

The whole family is welcome. If a family requires a babysitter, they need to provide that service on their own. If finding a sitter is difficult to arrange, please send us an email and we will try to find one for you. Our program will provide minimal on-duty staff that will do rotations and check cabins during the evening adult activity.

**I have a child/family member with special needs. Will there be accommodations for him/her?**

Ramah would love to make this retreat available for everybody. However, Camp is limited by the facility and its staff. We will try to accommodate to the best of our ability. If you have a concern, please contact Seth Adelsberg to find out what can be arranged.

**What is the cancellation policy?**

Up until August 15<sup>th</sup>: Registration payment is fully refundable minus a \$50 cancellation fee.

August 16<sup>th</sup>-27<sup>th</sup>: 50% of the registration payment will be refunded

After August 27<sup>th</sup>: No Refund

**Where can I find out about updates prior to the retreat?**

Once you are registered, camp will be contacting you with information about the retreat via email. There will also be updates on the Camp website and the Outdoor Adventure Family Camp webpage.

**What should we bring?**

A packing list will be available shortly

**Whom do I contact if I have a question?**

Contact Seth Adelsberg, Director of Al Hagova and the Outdoor Adventure Family Camp. Seth can be reached at [sadelsberg@ramahberkshires.org](mailto:sadelsberg@ramahberkshires.org) or by phone at 845-832-6622 x137. Please be sure to include your name and telephone number in the email or voicemail message.